



Indiana Soccer League

Indiana's Statewide Competitive Developmental League

10 & Under, 7v7 Games, Modified Laws

Heading

- Deliberate heading is not allowed in 7v7 games.
- If a player deliberately heads the ball in a 10 & under (7v7) game, an indirect free kick is awarded to the opposing team from the spot of the offense.
- **In Indiana**, if the deliberate header occurs within the penalty area, the indirect free kick is to be taken on the penalty area line parallel to the goal line at the nearest point to where the infringement occurred.

Build Out Line

- When the goalkeeper has the ball:
 - In their hand from the opponent or
 - For a goal kick,
 - The opposing team must move behind the build out line until the ball is put into play.
 - If the goal keeper is playing the ball with their feet, they are considered a field player and the build out line does not come into play.
- Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punting/drop kicks are not allowed).
 - **In Indiana**, if a goalkeeper punts the ball, an indirect free kick should be awarded to the opposing team and taken on the penalty area line parallel to the goal line at the nearest point to where the infringement occurred.
- After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.
- The build out line will also be used to denote where offside offenses can be called.
- Players cannot be penalized for an offside offense between the halfway line and the build out line.
- Players can be penalized for an offside offense between the build out line and goal line.

Modified Laws of the Game

Law 2 – Ball

- Size 4

Law 3 – Players

- 7v7 (6 field players and 1 goalkeeper)
- Game may not start or continue if there are less than 5 players on a team.
- Substitutions are unlimited and can occur at any stoppage.

Law 5 – Referee

- Minimum certification as a U.S. Soccer Grade 9 Referee

Law 6 – Other Match Officials

- Used at the discretion of the competition

Law 7 – Duration

- 2 halves
- 25 minute halves
- 10 minute halftime
- No added time

Standard Laws of the Game

Law 4 Players' Equipment

Law 8 Start and Restart of Play

Law 9 Ball In and Out of Play

Law 10 Method of Scoring

Law 11 Offside

Law 12 Fouls and Misconduct*

Law 13 Free Kicks

Law 14 Penalty Kicks

Law 15 Throw-In

Law 16 Corner Kick

**With the exception of deliberate heading and punting.*